



One Community, Many Cultures; Growing
and Learning Together

Curriculum Overview

Physical Education



At Gosford Park we have designed a curriculum for our community that aims to equip them with the tools they need to succeed in the next stage of their development, whilst nurturing curious learners who are responsible members of the local, national and global community.

Intent

Our PE curriculum aims to encourage children to engage in a healthy lifestyle and understand the importance of physical activity. Our children have the opportunity to develop into confident and competent learners across a broad range of physical activities. We do this by providing our children with a wide range of opportunities to participate in physical exercise, both in a competitive and non-competitive environment. Balance, agility and co-ordination are the core principles which our curriculum develops as these underpin physical literacy.

Children are taught fundamental movement skills which are developed and built on throughout the curriculum in games and activities. As children reach key stage two children learn how to use fundamental movement skills in a variety of sports.

Long Term Plan

Implementation

PE is taught in Early Years as one of the seven areas of learning: Physical Development. The children are given the opportunity to develop fundamental movement skills and understand the importance of healthy lifestyles. In foundation stage PE has a significant impact on developing the children's gross and fine motor skills to support their holistic development.

As the children progress through key stage 1 they build upon and revisit fundamental movement skills so that they are embedded. Once these skills are embedded in key stage 1, children are taught how to apply these skills to a variety of sports in key stage 2. Teachers plan well sequenced lessons that progressively build on their understanding over time. Progression documents for both skills and knowledge ensure that our pupils are challenged to achieve the best outcomes.

Where appropriate, cross-curricular links are made with other subjects to reinforce and enhance pupils' activity levels. These include, but are not limited to, team building and team work, creating data in maths, collating data in science.

Skills Progression

Impact

Fundamental skill practice is a key feature of PE lessons at Gosford Park; encouraging pupils to develop and embed skills whilst being successful. This frequent reference to previous skills ensures that pupils identify links to previous learning and build upon existing skills to enhance their learning. Children enjoy a broad and balanced curriculum and are given the opportunity to compete both competitively and non-competitively throughout their schooling life. Children understand the importance of healthy lifestyles and how to lead a healthy lifestyle.

Enrichment

Over their time with us at Gosford Park, children can participate in a variety of extra-curricular activities. There is an intra school sports league for both key stage 1 and 2 which all children have the opportunity to participate in. These activities build on skills which have been taught in lessons. Alongside this we have a variety of school teams which play matches against other local schools, and we participate in the East Coventry School Games competitions.

Are you a keen sports person?

Here are a few local places in our community where you can get active.

- Stoke Green and Tic Toc Park
- Gosford Green
- [Alan Higgs Centre](#)
- [AT7 centre](#)