

Curriculum Overview- Including Long Term Planning

**Physical Education**



One Community, Many Cultures; Growing and Learning Together

## OUR PE CURRICULUM AT GOSFORD PARK PRIMARY SCHOOL

**Intent**- Our PE curriculum aims to encourage children to engage in a healthy lifestyle and understand the importance of physical activity. Our children have the opportunity to develop into confident and competent learners across a broad range of physical activities. We do this by providing our children with a wide range of opportunities to participate in physical exercise, both in a competitive and non-competitive environment. Balance, agility and co-ordination are the core principles which our curriculum develops as these underpin physical literacy.

**Implementation** – In line with the statutory requirement children have two hours of physical education weekly. PE is mapped out for all year groups using Real PE scheme alongside sport specific lessons in KS2.

### **Content and Sequencing**

In all Key Stages the curriculum objectives, taken from the National Curriculum, have been mapped so that we can ensure the content is covered during each Key Stage.

Our curriculum overview ensures we have a balanced and progressive curriculum throughout both the school and each key stage. These cover; gymnastics, dance, invasion games, outdoor and adventurous activities, net and wall games and athletics.

Each teacher has a copy of the objectives which should be taught for each activity area including the steps before and after their own which ensures a broad, balanced and progressive curriculum.

**Links with maths and English**- Children will have the opportunity to use maths data handling to document and record both theirs and others results across a variety of sporting activities, which will enable them to track their progress. In year 3 and 4 children work on their personal bests and track these at the start and end of each unit. Children will use writing skills to record their experiences and report on matches or competitions. In key stage 2 children will use their writing skills in our young leader's programme to plan and record activities and competitions.

**Retrieval and assessment**- By following the objectives children will revisit and build upon their prior knowledge to continue to enhance their sporting skills. The core principles of agility, balance and co-ordination are threaded through every lesson and there is a clear skills progression map which children follow to develop themselves; children are aware of their starting place and how to progress. Children are assessed using our Real PE assessment framework within each activity strand. Children are encouraged to describe and make simple judgements on their own and others work throughout lessons, and to use their observations and judgements to improve performance. At the end of every lesson children will assess their learning against the shared outcomes.

**Planned experiences to enhance PE experience** -Children have the opportunity to participate in adult led lunchtime sports provision. There is an intra school sports league which operates over lunchtimes for both key stage 1 and 2 which all children have the opportunity to participate in. These activities build on skills which have been taught in lessons. Alongside this we have a variety of school teams which play matches against other local schools and we participate in the East Coventry School Games competitions. We are actively aiming to reach the School Games Gold Mark. Every child will have the opportunity to attend extra-curricular activities for a small cost.

### **Access to learning for all pupils**

We aim to provide a PE curriculum which is rich in experiences that can be scaffolded to be inclusive and progressive allowing all children to reach their potential through the selection of suitably differentiated and logically developed tasks. It is intended that our children, irrespective of their innate ability, will enjoy success and be motivated to further develop their individual potential. Demonstrations will be used where possible to show clear examples. All teachers are aware of SEND or EAL children within their classroom and can adapt and scaffold key skills within their lessons.