



Autumn Winter 2023-24

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Red ▲	Beef Burger (no bun) with potato wedges, peas or baked beans ▲	Salmon Fishcake, sauteed potatoes & peas ▲	Roast Turkey, with roast potatoes, carrots, peas, green beans & gravy ▲	BBQ Chicken Wrap with spiced rice, peas & carrots ▲	Fish Fingers with peas or baked beans & chips ▲
Green v	Quorn Burger (no bun) with potato wedges, peas or baked beans	Vegetarian Bolognese with spaghetti	Cheese & Vegetable Country bake with roast potatoes, carrots, peas, sweetcorn, green beans & gravy	Cheese & Bean Wrap with spiced rice, peas & carrots	Mac'n'Cheese Bites with peas or baked beans & chips
Dessert	Toffee Cake with chocolate icing	Jam & Coconut Cake	Syrup Sponge & custard	Chocolate Chip Cookie	Pineapple Cake
Brown	Jacket Potato with either grated cheddar cheese, baked beans or tuna mayonnaise				
Silver	Either hot plain pasta, hot cheese & tomato pasta, or hot tomato pasta v				
Fresh bread, salad, yogurt, fresh fruit, Jelly, or mousse available daily					